

NHS Cannock Chase Clinical Commissioning Group
NHS East Staffordshire Clinical Commissioning Group
NHS North Staffordshire Clinical Commissioning Group
NHS Stafford and Surrounds Clinical Commissioning Group
NHS South East Staffordshire and Seisdon Peninsula Clinical Commissioning Group
NHS Stoke-on-Trent Clinical Commissioning Group



Tell us about your experiences of using child and adolescent health services (CAMHS) in south Staffordshire



Introduction

This document provides background details to a review of child and adolescent mental health services in south Staffordshire.

The clinical commissioning groups (CCGs) leading this survey and engagement are:

- Cannock Chase CCG
- East Staffordshire CCG
- South East Staffordshire and Seisdon Peninsula CCG
- Stafford and Surrounds CCG.

These CCGs form the NHS organisation that commissions these services.

The CCGs see involving stakeholders in service reviews as essential in ensuring that services and any changes made to them meet the needs of the local community.

Why is this review being carried out?

The aims of this engagement include:

- Understanding which services are currently being used by young people, parents and carers from the following providers:
 - Child and adolescent mental health service (CAMHS)
 - Action for Children
 - Emotional Support Services (YESS)
 - Younger Minds
- To inform the current CAMHS service specification through this refresh of CAMHS NHS service delivered by provided by Midlands Partnership NHS Foundation Trust (MPFT)
- To get feedback on the existing services over the past five years, particularly from parents, carers and young patients, to help shape them appropriately for the future
- To help shape children and adolescent mental health services for the future
- To review existing services from a service user perspective and to identify any areas that need improving.

The current service

The CAMHS service is available to children and young people living in south Staffordshire. This includes areas such as Stafford, Stone, Rugeley, Cannock, Seisdon Peninsula, Lichfield, Burton, Uttoxeter and Tamworth. The service is divided into two main areas:

Early years' service

The CAMHS early years' service helps young children aged 0-4 and their families when a child is experiencing emotional or behavioural problems. It tends to get involved when other forms of support are not enough on their own, or when the problem is particularly difficult.

It also offers support when difficulties are being experienced with the relationship between a parent and child.

It works with young children who aren't yet old enough to be at school full-time. If the team starts seeing the child before they begin at school, they may be able to carry on providing support once the child goes to school. However, this will depend upon the nature of the support required.

Core CAMHS

The child and adolescent mental health service is a community-based specialist mental health provision. The service provides direct assessment and a range of interventions with young people aged 4-18 and their families.

The CAMHS service provides specialist support to improve and enhance the emotional wellbeing and mental health of children and young people who are experiencing emotional and mental distress. They deliver a comprehensive specialist child mental health provision to the children and families of south Staffordshire and support transition to adult services.

How is the review being carried out?

The review is aimed primarily at current and former users (past five years) of the CAMHS service, their parents and carers and third sector organisations providing support to them.

An online survey has been created for these parties to use to provide feedback.

The survey runs from Wednesday 24 March to Sunday 20 June, 2021.

The survey routes respondents through appropriate questions according to the group they fall into.

Stakeholders have been identified and contacted directly to advise them the review is being undertaken and to invite them to take part.

Reminders of the closing date will be sent to all stakeholders before the survey ends.

Information about the review has been added to the websites of the CCGs, together with a link to the survey.

Social media posts and a press release have also been created to raise awareness of the review.

What happens when the survey closes?

The feedback you provide will be collated and analysed and a report produced. The report will be used by the commissioners of the service to inform the new service specification for CAMHS (delivered by MPFT) and design and shape children and adolescent mental health services in the future.

What will we do with the feedback?

The findings of the survey will be used to inform the new service specification for CAMHS (delivered by NHS MPFT) and help shape how CAMHS services in south Staffordshire will be delivered in the future.

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The findings will be published on the websites of the CCGs concerned.

How to take part

Interested parties can complete the [online survey](#). An [easy read survey](#) is also available.